

Event Delivered Tuesday, February 25, 2003 - Location: Outside San Francisco, California

### THE REQUEST

Incredible Adventures was contracted to provide a team-building event in the San Francisco area for a group of 11 computer professionals, ages 35-55. The event budget was \$1000 per person.

### THE PROGRAM:

A Team Building event that made use of Close Quarters Battle/Urban Ops techniques to help further and build relationships within the company team. The team was comprised of 11 persons. (10 males, 1 female.)

#### Course Objectives

- *Teams generally have a propensity to look to one leader/one person. Constantly **rotate positions within the team during training so that junior team members are taking on primary leadership roles.***
- *There were two new team members (both on board less than 2 months.) **Use this event to have them bond and build relationships with the team.***
- ***Use this event to further existing relationships.***
- *Conduct an “as real as we can make it” event **that forces employees to work as a team and make sound rapid decisions in an interactive, dynamic, and tactical environment.***

#### Lead Instructor

##### James

James is a medically retired former Navy SEAL. His military assignments include service as an operational Team member with SEAL TEAM 2, and SEAL TEAM 4. James also served at the John F. Kennedy Special Warfare Center, FT. Bragg NC as an instructor for the 18D (Special Operations Medic Course). Since leaving the Navy he has worked world wide in many high threat countries as an instructor and security professional. James holds a Bachelors degree in Civil Engineering, as well as a Bachelors degree in Health Sciences.



[www.incredible-adventures.com](http://www.incredible-adventures.com)

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**The Event Training Schedule**

*(training schedules are always flexible and can be altered to ensure all of the company's requirements and needs are addressed.)*

0900 –1000 Equipment Issue and Familiarization

1000-1015 Intro to CQB (Close Quarters Battle)

1015-1230 The Stack, Approach, Dynamic Entry, Actions on the Objective, Consolidation, Reorganization and Withdrawal

1230-1300 MREs' (Meals Ready to Eat)

1300-1400 Rehearsal with Shoot/No-Shoot Targets

1400-1430 Warning Order Issued; Plan Raid; Rehearse

1430-1500 Execute Mission

1500-1530 Debrief Mission

**The Training Area**

The company's AO (area of operation) was Paint Ball Jungle located in American Canyon, CA. Training was conducted in a field environment (meaning no class room, all hands-on in our operational environment.)

**The Incredible Adventures Urban Ops Mobile Training Team provided:**

- World class instruction
- Individual Assaulters Tactical gear
- Gourmet MREs for each Team member

**THE RESULTS**

*John,*

*I wanted to let you know what a success the team building event was. Your team was the perfect fit and facilitated a great team learning event. They were both flexible and able to read what the group needed - then deliver that!*

*The team continued to talk about the event for the remainder of the week.*

*Thanks very much and please pass along my appreciation to both James and Chris.*

*Jill*



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